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Joshua Levitt, ND is a naturopathic physician, father of three, and the author of a new book called Baby Barbells: The Dad's Guide to Fitness and Fathering. It is

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Joshua Levitt is the author of Baby Barbells (4.43 avg rating, 7 ratings, 2 reviews, published 2011) Joshua Levitt Author profile About this author.

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Thanks to Joshua Levitt, Joshua authored Baby Barbells, The Dad's Guide to Fitness and Fathering, an incredibly fun filled guide that talks dads through

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May 21, 2011 Dr. Joshua Levitt spoke with GMC Weekend about his book "Baby Barbells - The Dad's Guide to Fitness and The Dad's Guide to Fitness and Fathering".

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