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Joshua Levitt is the author of *Baby Barbells* (4.43 avg rating, 7 ratings, 2 reviews, published 2011) Joshua Levitt Author profile About this author.

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Dr. Joshua Levitt is a *The Dad s Guide to Fitness and Fathering* which was inspired by his own life experience as an involved husband and father

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May 21, 2011 Dr. Joshua Levitt spoke with GMC Weekend about his book "Baby Barbells - The Dad's Guide to Fitness and The Dad's Guide to Fitness and Fathering".

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Baby Barbells is a cutesy gift, perfect for a first-time father who has no idea what he s in for. Its author, Joshua Levitt, describes himself as a naturopathic

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